

Unique Programs for Windsor Area Residents with Disabilities

Please call 970-674-3520 for information on any UPWARD recreation program. The Town of Windsor offers a wheelchair-accessible bus that can accommodate two wheelchairs. Qualified individuals with disabilities will be provided reasonable accommodations for all programs. Staff are responsible for participants during program hours only.

Active

Bowling

Join us as we venture to Highland Park Lanes in Greeley for non-competitive, but hilariously fun bowling that works on basic skills, good sportsmanship, social interaction, and fun. All skill levels are welcome; adaptable to all. Price includes two games, shoe rental, and transportation.

Location: Meet in front of the Windsor CRC

Age: 12+

Registration Deadline: Two days prior

W	12/5 - 12/19	3:30 - 5:45 p.m.	\$27	#325050.04
W	1/9 - 1/30	3:30 - 5:45 p.m.	\$36	#125050.01
W	2/6 - 2/27	3:30 - 5:45 p.m.	\$36	#125050.02
W	3/6 - 3/27	3:30 - 5:45 p.m.	\$36	#125050.03
W	4/3 - 4/24	3:30 - 5:45 p.m.	\$36	#125050.04

Glow Bowling

Sa	1/19	11:30 a.m. - 2 p.m.	\$9	#125050.05
Sa	4/13	11:30 a.m. - 2 p.m.	\$9	#125050.06

Let's Get Movin'

Get moving, play games, and have fun in a variety of settings. The meeting location will be emailed to participants prior to the program date.

Location: TBD

Age: 8+

Registration Deadline: Two days prior

M	12/10	4:30 - 5:30 p.m.	\$8	#325061.04
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Swimming

Warm up from the winter chill and spend some time in the indoor pool! You must be comfortable unattended in the water. Don't forget a towel! All abilities welcome.

Location: Pool, Windsor CRC

Age: 14+

Registration Deadline: Friday prior

M	1/28	4 - 6 p.m.	\$8	#125016.01
M	2/25	4 - 6 p.m.	\$8	#125016.02
M	3/25	4 - 6 p.m.	\$8	#125016.03
M	4/29	4 - 6 p.m.	\$8	#125016.04

Winter Walking

Winter is a great time to enjoy the beauty of the outdoors and get some great exercise. We will walk for approximately 45 minutes and then enjoy hot chocolate! All abilities welcome.

Location: Meet in front of the Windsor CRC

Age: 5+

Registration Deadline: Two days prior

Tu	1/8 - 1/29	4 - 5:15 p.m.	\$20	#125015.01
Tu	2/5 - 2/26	4 - 5:15 p.m.	\$20	#125015.02
Tu	3/5 - 3/26	4 - 5:15 p.m.	\$20	#125015.03
Tu	4/2 - 4/30	4 - 5:15 p.m.	\$20	#125015.04

Social Recreation



Crafty Crafters

Explore the arts and your crafty side through this class! A variety of crafts will be explored to spark your imagination. This class is adaptable to everyone.

Location: Oak Room, Windsor CRC

Age: 8+

Deadline to Register: Two days prior

Th	1/10	5 - 6 p.m.	\$10	#125062.01
Th	2/7	5 - 6 p.m.	\$10	#125062.02
Th	3/7	5 - 6 p.m.	\$10	#125062.03
Th	4/11	5 - 6 p.m.	\$10	#125062.04

Dinner Night Out

You choose the restaurant! Treat yourself to delicious food and fantastic company. Participants are responsible for bringing money for their own meal, including tip. We recommend bringing \$20. Don't miss out on the fun! Dinner Night Out events are wheelchair accessible.

Location: Meet in front of the Windsor CRC

Age: 16+

Registration Deadline: One week prior

Th	12/13	5 - 7:30 p.m.	\$10	#325065.04
F	1/11	5 - 7:30 p.m.	\$10	#125065.01
F	2/1	5 - 7:30 p.m.	\$10	#125065.02
F	3/1	5 - 7:30 p.m.	\$10	#125065.03
F	4/5	5 - 7:30 p.m.	\$10	#125065.04

Market to Meal

Positive eating habits are key to a healthy lifestyle. We will venture to the local supermarket to select fresh ingredients to prepare a healthy meal. Participants will learn kitchen techniques, and, of course, sample the finished products! Please notify the coordinator of any known allergies.

Location: Kitchen, Windsor CRC

Age: 8+

Registration Deadline: Two days prior

F	12/14	4 - 6:30 p.m.	\$12	#325011.04
Th	1/17	4 - 6:30 p.m.	\$12	#125001.01
Th	2/14	4 - 6:30 p.m.	\$12	#125001.02
Th	3/14	4 - 6:30 p.m.	\$12	#125001.03
Th	4/18	4 - 6:30 p.m.	\$12	#125001.04



Movie Nights

Lights! Camera! Action! Join us for some entertainment on the big screen! Price includes movie ticket and transportation. Bring some extra cash for snacks, if desired. The selected movie rating will be G to PG-13. Actual movie titles and approximate departure time will be determined closer to the event date. Movie Night Out events are wheelchair accessible.

Location: Meet in front of the Windsor CRC

Age: 13+

Registration Deadline: Two days prior

F	12/21	3:30 - 6:30 p.m.	\$13	#325013.04
F	1/25	3:30 - 6:30 p.m.	\$13	#125013.01
F	2/22	3:30 - 6:30 p.m.	\$13	#125013.02
F	3/22	3:30 - 6:30 p.m.	\$13	#125013.03
F	4/26	3:30 - 6:30 p.m.	\$13	#125013.04

Trips

We're excited for all of our UPWARD excursions this time of year and hope you'll join us!

Location: Meet in front of the Windsor CRC

Registration Deadline: One week prior

Holiday Light Tour

We're hitting the town to gaze at the area's holiday light displays. Please bring money for hot chocolate and snacks, if desired. The trip is wheelchair accessible.

Age: 8+

Tu	12/18	7 - 9:30 p.m.	\$10	#325066.07
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UNC Basketball Game

It's a rugged match-up! Come cheer on the UNC Bears as they take on the Montana Grizzlies at Bank of Colorado Arena. Please bring money for snacks or souvenirs, if desired. The arena is wheelchair accessible.

Age: 13+

Sa	1/12	12:30 - 5:30 p.m.	\$25	#125066.04
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Eagles Hockey Game

Travel to the Budweiser Event Center in Loveland to support the Eagles hockey team vs. the Stockton Heat. It will also be "'80s Night" at the rink, so make sure to dress in your favorite throwback outfits! Price includes ticket to the game and transportation. Please bring extra cash for snacks and drinks, if desired. The Event Center is wheelchair accessible. GO EAGLES!!

Age: 13+

Sa	2/9	6 - 10 p.m.	\$30	#125066.02
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Ice Skating

Let's go skating! We will try our best not to look like Bambi on his new legs as we learn the basics of ice skating at the EPIC skating rink. Price includes entrance ticket, skate rental, and transportation. The rink and this activity are wheelchair accessible.

Age: 8+

Sa	3/9	Noon - 2:30 p.m.	\$15	#125066.03
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Glow Golf

Try your hand at a round of miniature golf that gets "glowing" reviews. Each hole's green and obstacles are illuminated by black light, which makes the adventure extra colorful! Price includes ticket to golf, equipment, and transportation. The golf course is wheelchair accessible.

Age: 10+

Sa	4/27	1 - 3:30 p.m.	\$15	#125066.05
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