

DANCE & CHEER



Cheer and Tumbling

Cheerleading Camp

Join Windsor Youth Cheerleading for this fun camp to learn stunts, dance, and cheers to motivate any crowd. Cheerleaders will get a camp tank top and bow, as well as an invitation to perform at the Windsor Summer Concert Series on June 27 for the town to enjoy.

Location: Boardwalk Park

Age: 5 - 12 (Participants will be divided into appropriate age groups)

Registration Deadline: Open until full

T, W, Th	6/18 - 6/20	9 - 11:30 a.m.	\$135	#213522.01
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Harvest Festival Parade Clinic

The Harvest Festival is Windsor's largest annual celebration. Come cheer down the parade route as a Windsor Youth Cheerleader and support our wonderful town! We'll learn cheers, dance, and jumps to get the crowd excited. If your cheerleader does not have a Windsor Youth Cheer uniform, you can purchase a tank, pom poms, and bow for an additional \$45 or a full uniform for \$85. The clinic will be divided into appropriate age groups.

Location: Evergreen Room, Windsor CRC

Age: 5 - 12

Registration Deadline: One week prior

Mighty Team: Age 5 - 7

Mega 1 Team (Beginner): Age 7 - 12

Mega 2 Team (Experienced): Age 7 - 12

Clinic

W	8/7 - 8/14	4 - 5 p.m.	\$65	#213508.01
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Practices (Included in Clinic Registration)

Tu, W, Th	8/27 - 8/29	4 - 5 p.m.		
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Cheer and Tumbling Skill Clinic

Spring is the perfect time to improve skills! Beginner through advanced athletes are welcome at this four-week clinic. We will focus on technique, flexibility, motions, jumps, and tumbling. We are committed to helping athletes progress at every practice. Coaches will be staffed to maintain a quality coach-to-athlete ratio.

- **Beginner Level Skills:** No experience through cartwheel and standing backbend
- **Intermediate Level:** Backbend kickovers, round off, front and back walkovers
- **Advanced:** Back handspring, back tucks

Note: To advance in level, athletes must show coaches that they have mastered the previous level skills with safety, precision, and good technique.

Location: Evergreen Room, Windsor CRC

Age: 6 - 18

Registration Deadline: Open until filled

Beginner

W	4/24 - 5/15	4 - 5 p.m.	\$55	#113518.01
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Intermediate

W	4/24 - 5/15	5 - 6 p.m.	\$55	#113518.02
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Advanced

W	4/24 - 5/15	6 - 7 p.m.	\$55	#113518.03
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Tumbling and Floor Gymnastics

These six-week classes teach athletes grounded gymnastics skills, such as cartwheels, back walkovers, and back handsprings. Head Coach, Krysten Guse, has more than 20 years of experience as a gymnast and coach through level 9 gymnastics skills. She is excited to coach athletes through tumbling progressions and skills while focusing on safety, technique, and growth. Whether your athlete is looking to learn skills for cheerleading or simply to know the skill for fun, Krysten is committed to helping athletes progress at every practice. Additional coaches are staffed to maintain a quality coach-to-athlete ratio.

- **Beginner Level Skills:** No experience through cartwheel and standing backbend
- **Intermediate Level:** Backbend kickovers, round off, front and back walkovers
- **Advanced:** Back handspring, back tucks

Note: To advance in level athletes must show coaches that they have mastered the previous level skills with safety, precision, and good technique.

Location: Evergreen Room, Windsor CRC

Age: 6 - 18

Registration Deadline: Open until full

Beginner / Intermediate

W	5/22 - 6/26	5:30 - 6:30 p.m.	\$99	#213519.01
W	7/17 - 8/28*	5:30 - 6:30 p.m.	\$99	#213519.02

Advanced

W	5/22 - 6/26	6:30 - 7:30 p.m.	\$99	#213519.03
W	7/17 - 8/28*	6:30 - 7:30 p.m.	\$99	#213519.04

*No class 8/21

Cheer Instructor Information

Kelly Moore | Kelly@cheerspiritcolorado.com | 714-501-5781

Recreational Cheerleading (5 - 12 years) | Competitive Cheerleading (5 - 18 years) | Tumbling Classes (5 - 16 years)
Quality Coaches | Patient and Effective Skill Progression | Affordable Options | Fun Opportunities

www.cheerspiritcolorado.com

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Competitive Cheerleading: Wildfires Prep and All Star

Wildfires is a competitive cheer program for athletes looking to take their skills to the next level. Athletes focus on elite competitive routines that include dance, stunts, and tumbling set to energetic and fast-paced music. Wildfires has proven success with high coach-to-athlete ratios, highly qualified coaches, and affordability for families. We accept athletes ages 5 - 18 years old. Both Prep and All Star Teams are formed at tryouts and are based on skill and age.

Summer Prep Competition Teams

For athletes who are new to competitive cheerleading, are dual athletes, or are looking for a lower time commitment than year-round All Star Cheer Teams, this is a great opportunity to gain firsthand skill and knowledge of the sport in a competitive atmosphere. Summer Prep Season will run May through August and will end with a fun competition at Elitch Gardens on September 7. After Summer Prep Season, athletes will be invited to continue on the Fall Prep Team or advance to the Year-Round All Star team depending on skill. However, there will be no obligation to continue past September.

Tryouts will be held from 4 - 6 p.m. April 24 - 26.

Time Commitment: Three hours per week divided into two days.

Year-round All Star Teams

For athletes who choose to make cheerleading their primary sport, All Star Teams provide an excellent opportunity to grow competitive skills year-round. Wildfires All Star Cheerleading has proven success in building teams that are proven athletes at competition, bonded teammates in and out of practice, and leaders in the community. The season runs May through March, and we strive to offer athletes balance throughout the season. Elite teams will qualify to extend the season and attend either US Finals in Dallas, Texas, or Summit in



Orlando, Fla., in May 2020. Wildfire Teams that qualify will attend one out-of-state competition per year.

Tryouts for the 2019-2020 Season will be held from 4 - 6 p.m. April 24 - 26.

Time Commitment: Three to five hours of practice per week, up to seven local competitions per season, approximately three community performances per year, and one out-of-state competition per year for qualifying teams.

Wildfires strives to be one of the most affordable competitive cheer programs in Colorado. For team costs, please contact Kelly Moore at 970-460-6143 or attend our **parent information meeting at 7 p.m. April 24.**

Location: Auxiliary Gymnasium and Evergreen Room, Windsor CRC

Age: 5 - 18

Registration Deadline: Open until full

Parent Meeting: 7 p.m. April 24, in the Evergreen Room, Windsor CRC

Prep and All Star Team Tryouts

W, Th, F	4/24 - 4/26	4 - 6 p.m.	\$50	#213517.01
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Prep Team Practice

M, W*	6/10 - 9/7	3:30 - 5 p.m.	\$135 / mo.	#213517.02
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All Star Team Practice

M, W*	6/10/19 - 3/31/20	1 - 3:30 p.m.	\$165 / mo.	#313517.03
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**Days of the week and times will change during the school year*



Dance Workshops

Northern Colorado Dance Summer Workshops

Attire:

- Girls: Solid colored leotards and pink tights, pink leather ballet slippers, black tap and Jazz shoes. Ballet slippers may substitute for Jazz or Lyrical shoes; Modern is barefoot. Hair pulled back out of face in a ponytail or bun for ballet dancers age 6+.
- Boys: Black biker shorts, white T-shirt, black leather ballet slippers. Hair pulled out of face.

Summer Performance: Our Winter/Spring semester dancers will perform in "Snow White," June 6 - 7 at the Magnolia Theatre, Lincoln Center in Fort Collins.

Fall Classes: Classes begin in September. Register by August 29 to participate in our Fall Youth Production at the Greeley Festival of Trees. For information, visit northerncoloradopetiteballerinas.com.

Pre-Ballet Li'l Dancers Workshops

Join the fun as we explore the world of guided movement in creatively themed summer workshops that utilize props, stories, and imagination! Tumbling skills are introduced to gain strength and flexibility.

Location: Willow and Cypress Rooms, Windsor CRC

Age: 3 - 6

Registration Deadline: Thursday prior

Moana

M, W	6/10 - 6/19	11 - 11:45 a.m.	\$52	#213534.01
M, W	6/24 - 7/5*	5:30 - 6:15 p.m.	\$52	#213534.02

**No class 7/3, makeup class held Friday, July 5*

Animal Dance

M, W	6/10 - 6/19	5:30 - 6:15 p.m.	\$52	#213534.03
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Fairy Ballet

M, W	6/24 - 7/3	11 - 11:45 a.m.	\$52	#213534.04
M, W	7/29 - 8/7	5:30 - 6:15 p.m.	\$52	#213534.05

Li'l Ballerinas

M, W	7/8 - 7/17	11 - 11:45 a.m.	\$52	#213534.06
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Anna and Elsa

M, W	7/8 - 7/17	5:30 - 6:15 p.m.	\$52	#213534.07
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Princess Ballet

M, W	7/29 - 8/7	11 - 11:45 a.m.	\$52	#213534.08
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DANCE & CHEER

Dance Workshops

Classical Ballet

Intro to Ballet / Ballet I and Ballet II keep up skills through the summer or introduce new students to the world of classical ballet technique. Boys Ballet is specific to moving boys wanting to learn the strength involved in ballet training and the coordination skills required in tap. Tap class itself is for all interested dancers. Added to summer Ballet II workshops are Jazz, Tap, Modern, and Lyrical Dance. These genres introduce dancers to other ways of moving as they grow in their knowledge of body awareness and technique. Ballet II students are required to complete Ballet I or be approved by the instructor. Contact lildancersgw@gmail.com for more information.

Location: Willow Room, Windsor CRC

Age: 6.5+

Registration Deadline: Thursday prior

Intro to Ballet / Ballet I — Ages 6.5+

M, W	6/10 - 6/19	6:15 - 7 p.m.	\$48	#213535.01
M, W	7/8 - 7/17	6:15 - 7 p.m.	\$48	#213535.02

Boys Ballet — Ages 6.5+

M, W	6/24 - 7/3	6:15 - 7 p.m.	\$48	#213535.03
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Tap — Ages 6.5+

M, W	7/29 - 8/7	6:15 - 7 p.m.	\$48	#213535.04
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Ballet II + Jazz — Ages 8+

M, W	6/10 - 6/19	4 - 5:30 p.m.	\$56	#213535.05
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Ballet II + Tap — Ages 8+

M, W	6/24 - 7/3	4 - 5:30 p.m.	\$56	#213535.06
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Ballet II + Modern Age — Ages 8+

M, W	7/8 - 7/17	4 - 5:30 p.m.	\$56	#213535.07
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Ballet II + Lyrical Age — Ages 8+

M, W	7/29 - 8/7	4 - 5:30 p.m.	\$56	#213535.08
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Teen Dance Workshops

These workshops are for dancers beyond beginners looking for exploration in different genres of dance this summer! Ballet V / Pointe students must be approved prior to registration. Contact lildancersgw@gmail.com for more information.

Location: Willow Room, Windsor CRC

Age: 11+

Registration Deadline: Thursday prior

Jazz

M	6/10 - 6/17	7 - 8:30 p.m.	\$32	#213536.01
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Tap

M	6/24 - 7/1	7 - 8:30 p.m.	\$32	#213536.02
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Modern

M	7/8 - 7/15	7 - 8:30 p.m.	\$32	#213536.03
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Lyrical

M	7/29 - 8/5	7 - 8:30 p.m.	\$32	#213536.04
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Ballet V / Pointe

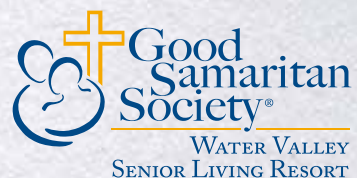
W	6/12 - 6/19	7 - 9 p.m.	\$42	#213536.05
W, F	6/26 - 7/5	7 - 9 p.m.	\$42	#213536.06
W	7/10 - 7/17	7 - 9 p.m.	\$42	#213536.07
W	7/31 - 8/7	7 - 9 p.m.	\$42	#213536.08



*P*erhaps the most beautiful thing about
a freshly cut lawn is not having to mow it.

Let the grass grow. It doesn't matter. Not when you leave the work and worry of taking care of a home behind, and trade it in for getting more out of life. Somewhere you're free to do what you want. To make new friends. To feel a real sense of belonging. Life at Good Samaritan Society – Water Valley opens up a world of possibilities, without having to start so much as a lawn mower.

To learn how you can get more out
of life, call (970) 686-2743.



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